

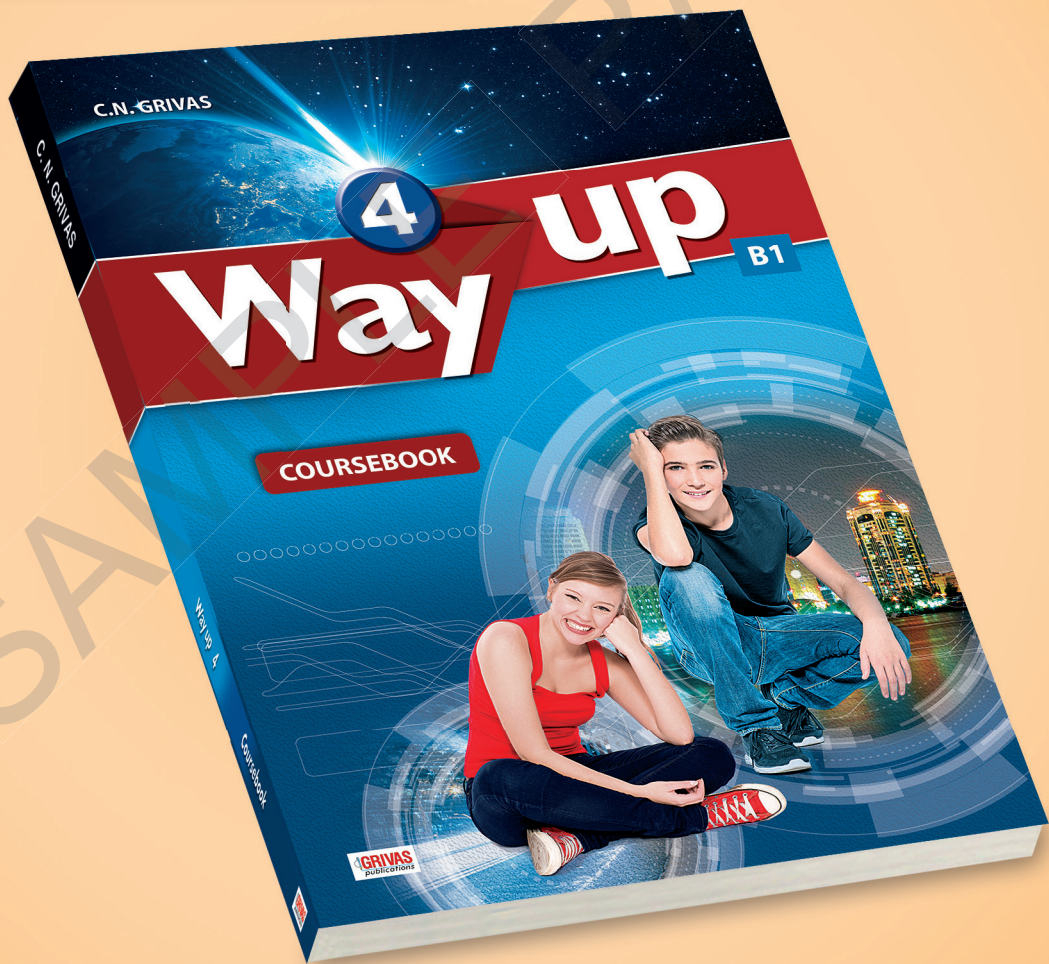
C.N. GRIVAS

4

up

B1

Way

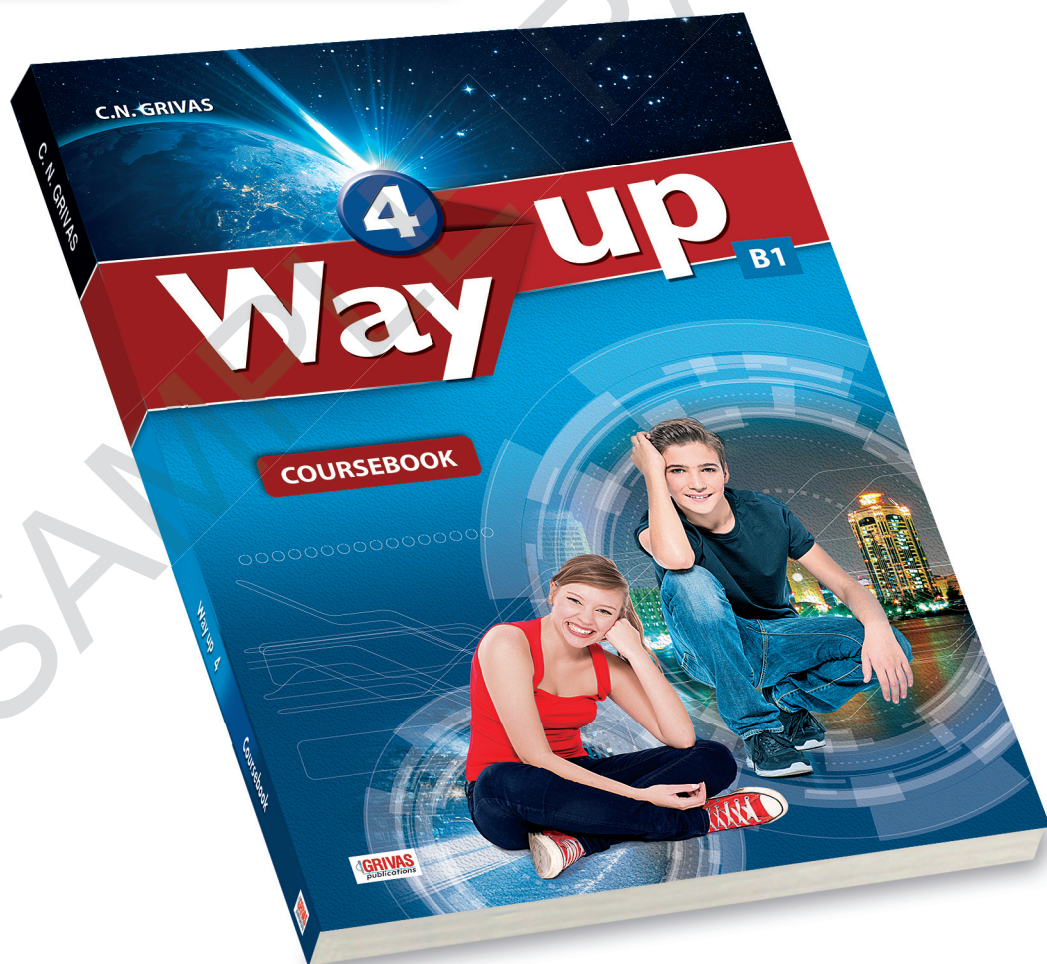


GRIVAS
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COMPANION

Way 4 up

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SAMPLE PAGES

Pronunciation Table

Consonants			Vowels				
Symbol	Keyword	Phonetics	Symbol	Keyword	Phonetics		
p	pen	/pen/	short	ɪ	bit	/bɪt/	
b	back	/bæk/		e	bed	/bed/	
t	ten	/ten/		æ	cat	/kæt/	
d	day	/deɪ/		ɒ	dog	/dɒg/	
k	cat	/kæt/		ʌ	cut	/kʌt/	
g	get	/get/		ʊ	put	/pʊt/	
f	fat	/fæt/		ə	about	/ə'baʊt/	
v	van	/væn/		i	happy	/'hæpi/	
θ	thin	/θɪn/		u	actually	/'æktʃuəli/	
ð	this	/ðɪs/		long	i:	sheep	/'ʃi:p/
s	see	/si:/			ɑ:	father	/'fɑ:ðə/
z	zoo	/zu:/			ɔ:	four	/'fɔ:/
ʃ	shoe	/'ʃu:/	u:		boot	/'bu:t/	
ʒ	television	/'telɪvɪʒn/	ɜ:		bird	/'bɜ:d/	
h	hat	/hæt/	diphthongs		eɪ	make	/'meɪk/
tʃ	chair	/'tʃeə/			aɪ	lie	/'laɪ/
dʒ	jam	/'dʒæm/			ɔɪ	boy	/'bɔɪ/
m	man	/'mæn/			əʊ	note	/'nəʊt/
n	now	/'naʊ/			aʊ	now	/'naʊ/
ŋ	sing	/'sɪŋ/			ɪə	real	/'riəl/
w	wet	/'wet/			eə	hair	/'heə/
l	let	/'let/		ʊə	sure	/'ʃʊə/	
r	red	/'red/		uə	actual	/'æktʃuəl/	
j	yes	/'jes/		iə	material	/'mə'tɪəriəl/	

main stress: /' / secondary stress: /. /

Abbreviations (Συντομεύσεις)

verb = verb (ρήμα)

n = noun (ουσιαστικό)

idm = idiom (ιδιωματισμός)

phr v = phrasal verb (περιφραστικό ρήμα)

prep = preposition (πρόθεση)

adj = adjective (επίθετο)

adv = adverb (επίρρημα)

der = derivative (παράγωγο)

opp = opposite (αντίθετο)

e.g. = for example (για παράδειγμα)

usu. = usually (συνήθως)

etc. = et cetera (και τα λοιπά)

sb = somebody (κάποιος)

sth = something (κάτι)

Unit 1

▶▶ Sports & Entertainment

Intro (page 7)

- entertainment** [entə'teɪnmənt] (n) = things that people do to enjoy themselves / διασκέδαση, ψυχαγωγία
Going to the cinema is my favourite form of entertainment.
Der: entertain (v), entertainer (n), entertaining (adj)
- area** ['eəriə] (n) = a part of a city, town, etc. / περιοχή
There are many restaurants in our area.
- popular** ['pɒpjələ] (adj) = liked by a lot of people / δημοφιλής
Messi is a very popular football player.
Der: popularity (n)
Opp: unpopular

Lesson

1

Sports Zone

(page 8)

- zone** [zəʊn] (n) = ζώνη, περιοχή (εδώ μπφ.)
- send in** [send 'ɪn] (phr v) = to send a letter, etc. to a newspaper, company, etc. / στέλνω
You must send in your articles by 7th June.
- flyboarding** [flaɪ 'bɔ:diŋ] (n) = φλάι μπορντ (είδος θαλάσσιου σπορ)
- instructor** [ɪn'strʌktə] (n) = sb whose job it is to teach a sport or a skill / εκπαιδευτής, δάσκαλος
My ski instructor taught me how to ski in just a few lessons.
Der: instruct (v), instruction (n)
- water sport** ['wɔ:tə 'spɔ:t] (n) = a sport that you do in the water / θαλάσσιο σπορ
Water sports are very popular in the summer.
- strap** [stræp] (v) = δένω σφιχτά (με λουριά, ιμάντες κλπ)
You must strap the rope tightly around your feet before doing a bungee jump.
- special** ['speʃl] (adj) = used for a specific purpose / ειδικός
You have to wear special glasses when skiing.
- board** [bɔ:d] (n) = a flat piece of wood used in sports / σανίδα
He strapped his feet onto the board and began his first snowboarding lesson.
- power** ['paʊə] (n) = ισχύς
You need the power from a jet ski to do flyboarding.
- guess what** [ges 'wɒt] = μάντεψε
Guess what Mum bought me for my birthday! A mobile phone!
- embarrass** [ɪm'bærəs] (v) = to make sb feel ashamed or uncomfortable, usu. in front of others / φέρνω σε δύσκολη θέση, ντροπιάζω
He embarrassed me when he asked me about my weight.

embarrass myself [ɪm'bærəs maɪ'self] = ντρέπομαι, νιώθω αμηχανία
Der: embarrassed (adj), embarrassing (adj), embarrassment (n)

(page 9)

- cheerleading** [tʃi:li:diŋ] (n) = είδος γυμναστικής που εκτελείται από μαζορέτες
Cheerleading is a popular sport in the USA.
cheerleader [tʃi:li:də] (n) = μαζορέτα
- confidence** ['kɒnfɪdəns] (n) = belief in yourself and your abilities / αυτοπεποίθηση
She hasn't been in the team for a long time, so she doesn't have much confidence.
confident ['kɒnfɪdənt] (adj) = believing in yourself / με αυτοπεποίθηση, σίγουρος για τον εαυτό μου
- proud (of)** ['praʊd əv] (adj) = feeling happy about sth that you have done or about sb else / υπερήφανος (για)
My parents were very proud of me when I came first in the race.
- competition** [kɒmpə'tɪʃn] (n) = an organised event in which people try to win prizes / διαγωνισμός
The Voice is a popular singing competition.
competitive [kəm'petətɪv] (adj) = ανταγωνιστικός
Der: competitor (n), compete (v)
- combination** [kɒmbɪ'neɪʃn] (n) = two or more things which are put together / συνδυασμός
Hip hop is a combination of music styles.
combine [kəm'baɪn] (v) = συνδυάζω
- acrobatics** [æk'rə'bætɪks] (n) = ακροβατικά
You need to be very fit to do acrobatics.
- fortunately** ['fɔ:tʃənətli] (adv) = luckily / ευτυχώς
Fortunately, I managed to do well in my test.
Der: fortunate (adj)
Opp: unfortunately

- 19 support** [sə'pɔ:t] (v) = υποστηρίζω, στηρίζω
I went to the stadium to support my favourite team.
Der: support (n), **supporter** (n), **supportive** (adj)
- 20 sportspeople** ['spɔ:tspi:pl] (n) = people who do sports / αθλητές
Sportspeople try to eat healthily and exercise a lot.
- 21 wonder** ['wʌndə] (v) = not to be sure about sth and try to guess / αναρωτιέμαι
I wonder what we are having for dinner.
- 22 official** [ə'fɪʃl] (adj) = επίσημος
Spanish is the official language of Mexico.
- 23 hurling** ['hɜ:lɪŋ] (n) = χέρλινγκ (άθλημα που παίζεται κυρίως στην Ιρλανδία)
- 24 rough** [rʌf] (adj) = not gentle; violent / βίαιος, σκληρός
It is known that rugby is a rough sport.
- 25 disappoint** [dɪsə'pɔɪnt] (v) = to make sb feel unhappy because sth they hoped for didn't happen / απογοητεύω
We disappointed our coach when we didn't win the game.
be disappointed [bi dɪsə'pɔɪntɪd] = απογοητεύομαι
Der: disappointing (adj), **disappointment** (n)
- 26 chance** [tʃɑ:ns] (n) = ευκαιρία
This is your last chance to tell her the truth.
get the chance [get ðə tʃɑ:ns] = έχω την ευκαιρία (να κάνω κτ)
- 27 wooden** ['wʊdn] (adj) = made of wood / ξύλινος
We have a wooden table in our living room.
Der: wood (n)
- 28 stick** [stɪk] (n) = a long piece of wood used in some sports / μπάστούνι
- 29 pitch** [pɪtʃ] (n) = a flat area for playing particular sports (football, cricket, etc.) / γήπεδο (ποδοσφαίρου, κρίκετ κλπ)
- 30 shaped** [ʃeɪpt] (adj) = having the shape of sth / σε σχήμα
I bought her a heart-shaped card for Valentine's Day.
- 31 goalpost** ['gəʊl'pəʊst] (n) = δοκάρι
goal [gəʊl] (n) = τέρμα, εστία
- 32 passion** ['pæʃn] (n) = strong interest in sth / πάθος
He has a passion for music.
- 33 score** [skɔ:] (v) = σκοράρω
Alex scored a goal and his team won the game.
- 34 manage** ['mænɪdʒ] (v) = to be able to do sth after trying hard / καταφέρνω
After studying hard, he managed to pass his exams.
- 35 net** [net] (n) = δίχτυ, δίχτυα
The tennis player hit the ball over the net.
- 36 point** [pɔɪnt] (n) = πόντος, βαθμός
If you throw the ball in the basket, you score two points.
- 37 action** ['ækʃn] (n) = exciting things that are happening / δράση
We watched a film that was full of action.
- 38 dull** [dʌl] (adj) = boring / βαρετός
The lesson was so dull that I almost fell asleep.
- (page 10)
- 39 tennis court** ['tenɪs kɔ:t] (n) = γήπεδο τένις
- 40 running track** ['rʌnɪŋ træk] (n) = στίβος
- 41 golf course** ['gɒlf kɔ:s] (n) = γήπεδο γκολφ
- 42 boxing ring** ['bɒksɪŋ rɪŋ] (n) = ρινγκ (πυγμαχίας)
- (page 11)
- 43 shirt** [ʃɜ:t] (n) = ποδοσφαιρική φανέλα
He chose the number 7 shirt because it is his lucky number.
- 44 quite** [kwaɪt] (adv) = αρκετά
I was quite tired and went to bed early.
- 45 heights** [haɪts] (n) = high places / ύψη
I am afraid of heights, so I don't like climbing.
Der: high (adj)

Remember!

- article** ['ɑ:tɪkl] (n) = άρθρο
- topic** ['tɒpɪk] (n) = θέμα
- so far** ['səʊ fɑ:] (idm) = μέχρι τώρα
- activity** [æk'tɪvəti] (n) = δραστηριότητα
- during** ['djʊərɪŋ] (prep) = κατά τη διάρκεια
- last** [lɑ:st] (v) = διαρκώ

- Ireland** ['aɪələnd] (n) = Ιρλανδία
- Irish** ['aɪrɪʃ] (adj) = ιρλανδικός

Idioms

- round the clock** = όλο το εικοσιτετράωρο
be in sb's shoes = είμαι στη θέση κπ

Vocabulary Exercises

1 Match the two columns.

- | | |
|---------------------------------|------------------------------|
| 1 tennis <input type="radio"/> | <input type="radio"/> ring |
| 2 boxing <input type="radio"/> | <input type="radio"/> course |
| 3 running <input type="radio"/> | <input type="radio"/> court |
| 4 water <input type="radio"/> | <input type="radio"/> track |
| 5 golf <input type="radio"/> | <input type="radio"/> sport |



2 Choose the correct answer.

- Which team do you **combine / support** – Liverpool or Manchester United?
- He has a **passion / competition** for basketball and never misses a game on TV.
- In hockey, the players have to use a **stick / pitch** to hit the ball.
- When he finished last in the race, he was really **proud / disappointed**.
- He could never be a pilot because he is afraid of **heights / action**.
- In the last minute of the game, Paul scored a **point / goalpost** and his team won.

3 The words in bold are in the wrong sentence. Write them next to the correct sentences.

- Do you need **wooden** boots to go climbing?
- I didn't watch the film until the end because it was very **special**.
- You need a **confident** stick to play hurling.
- You need to be strong to do boxing because it is a **dull** sport.
- After winning a few matches, the athlete felt more **rough**.



1 Simple Present (Απλός Ενεστώτας) 2 Present Continuous (Ενεστώτας Διαρκείας)

1 Simple Present (He plays, Does he play?, He doesn't play)

Χρησιμοποιείται:

- για μία πράξη που **γίνεται κάθε μέρα, συνήθως, συχνά** κλπ.
We go camping every summer. Stella doesn't wake up early on Sundays.
- για μία πράξη **προγραμματισμένη** να γίνει στο **μέλλον** (π.χ. **προγράμματα, δρομολόγια** κλπ)
What time does the train leave tomorrow?

Προσέξτε:

- To **have** ως κύριο ρήμα: *He has breakfast / lunch / a shower / fun* κλπ.
Does he have breakfast / lunch ... ?
He doesn't have breakfast / lunch ...
- Τα **επιρρήματα συχνότητας** (**always, usually, often, sometimes, seldom / rarely** (= σπάνια), **hardly ever** (= σχεδόν ποτέ), **never**) μπαίνουν **πριν από τα κύρια ρήματα** αλλά **μετά τα βοηθητικά** και το ρήμα **to be**. Στις σύντομες απαντήσεις, μπαίνουν **πριν τα βοηθητικά** και το **to be**.
I always do my homework in the evening.
She is never late.
'Does he often walk to work?' 'Yes, he usually does.'

2 Present Continuous (He is playing, Is he playing?, He isn't playing)

Χρησιμοποιείται:

- για μία πράξη που **γίνεται** (είναι σε εξέλιξη) **αυτήν τη στιγμή ή περίοδο**.
*Don't go out. It's **raining**. Mum **is working** until late this week.*
- για μία πράξη που **έχουμε προγραμματίσει** να κάνουμε στο **κοντινό μέλλον**.
*They're **leaving** for Paris next Monday.*
- με το **always** για να πούμε ότι κάτι συμβαίνει **πάρα πολύ συχνά** ή για να δείξουμε **ενόχληση**.
*I'm **always meeting** Karen when I go to the mall. Why **are you always asking** questions?*

Προσέξτε: Τα ρήματα που δείχνουν **κατάσταση** και **όχι πράξη** δεν χρησιμοποιούνται σε χρόνους διάρκειας. Τέτοια ρήματα είναι τα **have** (= έχω, κατέχω), **know, think, believe, like, hate, want, belong** (= ανήκω), **remember, forget, look** (= φαίνομαι), **taste** (= έχω γεύση), **smell** (= μυρίζω, έχω μυρωδιά), **see, hear** κλπ.
*This tablet **belongs** to James. [**OXI: ... is belonging ...**] This cake **tastes** delicious.*

Προσέξτε τη διαφορά: *Maria **has** three dogs.* (= έχω, κατέχω)
*We're **having** chicken for dinner tonight.* (= τρώω)
*I **think** he left.* (= νομίζω, πιστεύω)
*I'm **thinking** about cutting my hair short.* (= σκέφτομαι)
*Tell me what you **see** in this picture.* (= βλέπω)
*I'm **seeing** the dentist tomorrow.* (= επισκέπτομαι, έχω ραντεβού με)
***Are you seeing** Becky this weekend?* (= συναντώ)

Grammar Exercises

1 Choose the correct answer.

- What are you cooking? It great!
a is smelling b smells
- My brother my things without asking.
a is always taking b takes always
- I have a toothache, so I the dentist tonight.
a am seeing b see
- 'What's that? someone ?'
'No, it's just the TV.'
a Does ... cry b Is ... crying
- They their grandparents at the weekends.
a are usually visiting b usually visit
- He with his uncle for a few days because his parents are away on a trip.
a is staying b stays
- She much free time during the week because she studies really hard.
a hasn't b doesn't have

2 Put the words in the correct order to form sentences.

- do / have / usually / What / you / for / breakfast / ?**
.....
.....
- rarely / They / late / are/ school / for**
.....
.....
- eat / hardly ever / We / fast food**
.....
.....
- cinema / goes / Saturdays / the / Ellen / on / often / to**
.....
.....
- always / doesn't / Paul / his / homework / in / do / the / evening**
.....
.....



(pages 12 & 13)

- 1 **dislikes** [ˈdɪs.laɪks] (n) = the things that you do not like / τα πράγματα που απεχθάνομαι / που δεν μου αρέσουν
My mum knows all my likes and dislikes.
express my likes and dislikes [ɪkˈspres maɪ ˈlaɪks ən dɪsˈlaɪks] = λέω τι μου αρέσει και τι όχι
dislike [dɪsˈlaɪk] (v) = απεχθάνομαι, απεχθάνομαι, δεν μου αρέσει
Opp: likes
- 2 **gold medal** [ˌɡəʊld ˈmedl] (n) = χρυσό μετάλλιο
Lefteris Petrounias has won many gold medals.
- 3 **original** [əˈrɪdʒənl] (adj) = existing first / αρχικός, πρώτος
The original Olympic Games took place in Greece.
Der: originality (n), **origin** (n), **originally** (adv)
- 4 **male** [meɪl] (adj) = αρσενικού φύλου
Firefighters are usually male.
Opp: female
- 5 **competitor** [kəmˈpetɪtə] (n) = sb who takes part in a competition / κπ που συμμετέχει σε αγώνα, διαγωνισμό κλπ
Over 1,000 competitors will take part in the race.
compete [kəmˈpɪt] (v) = διαγωνίζομαι, συμμετέχω σε αγώνα, διαγωνισμό κλπ
Der: competition (n), **competitive** (adj)
- 6 **come from far and wide** [kʌm frəm ˈfɑː ən ˈwaɪd] = έρχομαι από όλα τα μήκη και πλάτη της γης / από παντού
People come from far and wide to watch the Olympics.
- 7 **various** [ˈveəriəs] (adj) = different / ποικίλοι, διάφοροι
We went into various shops at the mall until we found the present we wanted.
Der: variety (n)
- 8 **sporting event** [ˈspɔːtɪŋ ɪˈvent] (n) = αγώνισμα
My favourite sporting event in the Olympic Games is the marathon.
- 9 **include** [ɪnˈkluːd] (v) = to have sth as a part / συμπεριλαμβάνω
The price includes free food and drinks.
- 10 **running race** [ˈrʌnɪŋ ˌreɪs] (n) = αγώνας δρόμου
The marathon is the most famous running race in the world.
- 11 **chariot race** [ˈtʃæriət ˌreɪs] (n) = αρματοδρομία
Chariot races were popular in ancient Rome.
- 12 **pentathlon** [penˈtæθlən] (n) = a sporting event that consists of five different sports / πένταθλο
- 13 **allow** [əˈlaʊ] (v) = to let sb do sth / επιτρέπω
My father doesn't allow me to stay out late at night.
- 14 **take part in** [ˌteɪk ˈpɑːt ɪn] (idm) = to do sth with other people / συμμετέχω, παίρνω μέρος σε
My friend is going to take part in a reality show.
- 15 **married** [ˈmærid] (adj) = having a husband or a wife / παντρεμένος
My sister has been married for ten years.
- 16 **apart from** [əˈpɑːt frəm] (prep) = εκτός από
All my friends came to my party apart from Joan.
- 17 **armour** [ˈɑːmə] (n) = πανοπλία
Men used to wear armour to protect their bodies in wars.
- 18 **carry** [ˈkæri] (v) = to have sth on me / φέρω, έχω πάνω μου
Were the thieves carrying knives?
- 19 **weapon** [ˈwepən] (n) = an object that can be used to hurt people like a gun or knife / όπλο
The police haven't found the murder weapon yet.
- 20 **not surprisingly** [nɒt səˈpraɪzɪŋli] = όπως ήταν αναμενόμενο, δεν αποτελεί έκπληξη το ότι
He had been studying hard for months. Not surprisingly, he got into university.
- 21 **spectator** [spekˈteɪtə] (n) = sb watching a sporting event / θεατής (σε αγώνα)
There were over 5,000 spectators at the basketball game.
- 22 **amusing** [əˈmjuːzɪŋ] (adj) = funny and enjoyable / διασκεδαστικός
I like watching comedies because they are very amusing.
Der: amused (adj), **amuse** (v), **amusement** (n)
- 23 **hold** [həʊld] (v) = to have a meeting, event, etc. at a specific time and place / διοργανώνω
The company is going to hold a meeting next Tuesday.
- 24 **that is** [ˌðæt ˈɪz] (idm): used to give extra information or to correct sth you said / δηλαδή
I couldn't do my maths homework – that is, until my sister came and helped me.
- 25 **ban** [bæn] (v) = to say that people must not do sth / απαγορεύω
Smoking is banned in the hospital.
- 26 **AD (Anno Domini)** [eɪˈdiː] = μετά Χριστόν
The Colosseum was built between 72 and 80 AD.
- 27 **against** [əˈɡenst] (prep) = εναντίον
Barcelona are playing against Real Madrid today.

- 28 semi-final** [ˌsemiˈfaɪnl] (n) = ημιτελικός
Do you want to watch the basketball semi-finals tonight?
- 29 can't stand** [ˌkɑːnt ˈstænd] (v) = not to like sb / sth at all / δεν αντέχω, δεν μπορώ να ανεχτώ κτ / κτ
I can't stand having to wait for people.
- 30 be on** [bi ˈɒn] (v) = to be shown on TV or at the cinema / παίζεται (στην τηλεόραση / σινεμά)
X-men is on tonight. Do you want to watch it?
- 31 (sth) isn't my thing** [ˈɪznt ˌmaɪ ˈθɪŋ] (idm) = not to like sth / δε μου αρέσει κτ, δεν είναι του γούστου μου
Chinese food isn't my thing. I prefer Mexican.
- 32 mad about** [ˌmæd əˈbaʊt] (adj) = crazy about sth / τρελός για κτ, που έχει πάθος με κτ
My sister is mad about rock music.
- 33 check out** [ˌtʃek ˈaʊt] (phr v) = to go to a place to see what it is like / πηγαίνω σε κάποιο μέρος για να δω πώς είναι
Let's check out that new restaurant that has just opened in town.
- 34 (be) keen on** [ˈkiːn ˌɒn] = to like sth very much / μου αρέσει πολύ κτ
He is very keen on handball and watches every game there is on TV.
- 35 (be) fond of** [ˈfɒnd əv] = to like sth very much / μου αρέσει πολύ κτ
I am fond of classical music, and I often go to concerts.
- 36 fight** [faɪt] (v) = πολεμώ, μάχομαι
We visited a museum where we saw weapons that people used to fight with.
Der: **fight** (n), **fighter** (n)
- 37 price** [praɪs] (n) = the money you have to pay to buy sth / τιμή
What's the price of this smartphone?
Der: **priceless** (adj)
- 38 (be) unable to** [ˌʌnˈeɪbl ɪtə] = not to be able to do sth / δεν μπορώ να
He was unable to finish the project on time.
- 39 boxing gloves** [ˈbɒksɪŋ ˌɡlʌvs] (n) = γάντια τού μποξ
- 40 swimming goggles** [ˈswɪmɪŋ ˌɡɒɡlz] (n) = προστατευτικά γυαλιά κολύμβησης
- 41 golf club** [ˈɡɒlf ˌklʌb] (n) = μπαστούνι τού γκολφ
- 42 basketball hoop** [ˈbɑːskɪtbɔːl ˌhuːp] (n) = στεφάνη (μπασκέτας)

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- 43 neither ... nor** [ˈneɪðə ˌnɔː] = ούτε ... ούτε
Neither Jane nor Tina liked the dress, so I didn't buy it.
- 44 mind** [maɪnd] (v) = to feel annoyed or upset / με πειράζει
I don't mind getting up early in the morning.
- 45 action film** [ˈækʃn ˌfɪlm] (n) = ταινία δράσης
Fast and Furious is a great action film.
- 46 guy** [ɡaɪ] (n) = a man / άντρας
He is a great guy, and he's got lots of friends.

Remember!

- | | |
|--|--|
| 1 probably [ˈprɒbəbəlɪ] (adv) = μάλλον, πιθανώς | 6 order [ˈɔːdə] (v) = παραγγέλω |
| 2 maybe [ˈmeɪbi] (adv) = μπορεί, ίσως | 7 kind [kaɪnd] (n) = είδος |
| 3 meal [miːl] (n) = γεύμα | 8 hurt [hɜːt] (v) = χτυπώ, τραυματίζω |
| 4 sound [saʊnd] (v) = ακούγομαι | 9 exercise [ˈeksəsaɪz] (v) = γυμνάζομαι, αθλούμαι |
| 5 comfortable [ˈkɒmfətəbl] (adj) = άνετος | |

Idioms

what on earth = τι στην ευχή, τι στο καλό
under the weather = αδιάθετος

Vocabulary Exercises

1 Choose the correct answer.

- 1 He is mad **about / for** basketball and knows everything about it.
- 2 'What's **up / on** tonight?' 'A film with Brad Pitt.'
- 3 Sarah took part **in / at** the marathon last week.
- 4 Are you keen **in / on** travelling?
- 5 After my trip to Italy, I have become fond **of / about** Italian food.
- 6 A new mall has just opened in the area. Would you like to check it **out / over**?
- 7 I like all sports apart **of / from** boxing.

2 Replace the words in bold with the words below.

competitors • amusing • can't stand • am unable to • various • spectators • weapons

- 1 This place offers **many different** activities for young people.
- 2 I **don't like** it when people shout at me.
- 3 We watched a film which was quite **funny**.
- 4 I'm sorry, but I'm afraid I **can't** help you.
- 5 There were thousands of **people who were watching the match** at the stadium.
- 6 Which of the **people who are taking part** do you think will win the race?
- 7 Were the robbers carrying **guns**?

3 Complete the sentences with one word.

- 1 *Avengers* is my favourite **action f**.....
- 2 How many **gold m**..... has Lefteris Petrounias won so far?
- 3 He threw the ball at the **basketball h**..... but didn't score.
- 4 The pentathlon is a **sporting e**.....
- 5 When you swim in a swimming pool, it's important to wear **swimming g**.....
- 6 He put on his **boxing g**..... and went into the ring.
- 7 We bought Grandpa a set of **golf c**..... for his birthday.

1 Simple Past (Απλός Αόριστος) 2 Past Continuous (Αόριστος Διαρκείας)

1 Simple Past (He **played / left**, Did he **play / leave**?, He **didn't play / leave**)

Χρησιμοποιείται:

- 1 για μία πράξη που **έγινε** στο **παρελθόν** (γνωρίζουμε πότε).
*Dan **sent** me an email last night.*
 - 2 για μία **συνήθεια** ή μία πράξη που **επαναλαμβανόταν** στο **παρελθόν**.
*People **didn't use** tablets in the past. When he was young, he **exercised** every day.*
- **used to + απαρέμφατο** (= συνήθιζα να) για **συνήθειες** ή **καταστάσεις του παρελθόντος**.
*He **used to drink** a lot of milk when he was little. (ή: He **drank** a lot of milk ...)*
*(Did he **use to drink** ... ? He **didn't use to drink** ...)*

2 Past Continuous (He was playing, Was he playing?, He wasn't playing)

Χρησιμοποιείται:

- για μία πράξη που **γινόταν** (ήταν σε εξέλιξη) σε **συγκεκριμένη στιγμή** στο **παρελθόν**.
*At ten o'clock, we **were watching** a film on TV.*
*He **was having** dinner when I called him.*
*Alex **was studying** while his sister **was reading** a magazine.*
 - με το **always** για να πούμε ότι κάτι γινόταν **πάρα πολύ συχνά** στο παρελθόν ή για να δείξουμε **ενόχληση**.
*His grandparents **were always giving** him money.*
*My older brother **was always telling** me what to do.*
- ⚠️ She **travelled** a lot when she was young. ή: She **used to travel** a lot when she was young.
 [OXI: She ~~was travelling~~ a lot ...]

Grammar Exercises

1 Fill in the simple past or the past continuous.

- At six o'clock yesterday, we (**play**) a new computer game.
- I (**not eat**) a lot of fruit when I was little.
- Last night, I (**read**) a book while my sister (**listen**) to music.
- She (**buy**) a new skirt to wear to the party.
- Helen (**wait**) for the bus when you (**see**) her?
- She (**not come**) to school today because she was sick.

2 Write sentences using the simple past or the past continuous.

- I / visit / Italy / every year / when / I / be / younger

.....

- we / do a test / at 9 o'clock / this morning

.....

- Tom and Alex / play / Monopoly / all afternoon

.....

- Mum / make / dinner / when / the lights / go out

.....

- how long ago / you / meet / your best friend?

.....

- you / sleep / while / Kate / clean / her bedroom?

.....



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- 1 **power** ['paʊə] (n) = δύναμη
Superman has great super powers.
powerful ['paʊəfʊl] (adj) = δυνατός, ισχυρός
- 2 **special effects** ['speʃl ɪ'fekts] (n) = ειδικά εφέ
The Star Wars films have amazing special effects.
- 3 **bring sb / sth to life** [brɪŋ tə laɪf] = ζωντανεύω κπ / κτ
Technology helps to bring many imaginary characters to life.
- 4 **(the) big screen** ['bɪg ,skri:n] (n) = the cinema / η μεγάλη οθόνη (ο κινηματογράφος)
It's more exciting to watch action films on the big screen.
- 5 **reason** ['ri:zn] (n) = why sth happens / λόγος, αιτία
I can't understand the reason why he spoke to me so rudely.
Der: reasonable (adj)
- 6 **imagine** [ɪ'mædʒɪn] (v) = to form a picture or idea in your mind / φαντάζομαι
Can you imagine life without the Internet?
Der: imagination (n), **imaginative** (adj), **imaginary** (adj)
- 7 **(be) in (serious) trouble** [ɪn 'sɪəriəs 'trʌbl] = to be in a (very) difficult situation / έχω (μεγάλες) φασαρίες, (πολλά) μπλεξίματα
I'll be in serious trouble when my mum finds out I failed my maths test.
- 8 **alien** ['eɪliən] (adj) = from another planet / εξωγήινος
ET is a well-known alien film character.
Der: alien (n)
- 9 **attack** [ə'tæk] (n) = an act of violence in order to hurt sb / επίθεση
The attack on the old woman shocked many people.
Der: attack (v), **attacker** (n)
- 10 **earthquake** ['ɜ:θkwɛɪk] (n) = a sudden movement of the ground / σεισμός
The earthquake in Japan destroyed a lot of houses.
- 11 **out of this world** [aʊt əv ðɪs 'wɜ:ld] (idm) = unusually good or impressive / απίθανος, απίστευτος
Films with superheroes are out of this world; I love them.
- 12 **strength** [streŋθ] (n) = the power sb has to lift or move things / δύναμη
I don't have the strength to move my bed to the other side of the room.
Der: strong (adj), **strengthen** (v)

- 13 **superhuman** [ˌsu:prə'hju:mən] (adj) = υπεράνθρωπος
Superman uses his superhuman powers to save the world.
- 14 **ability** [ə'bɪləti] (n) = ικανότητα
Usain Bolt's ability to run very fast helped him win all those medals.
Der: able (adj)
Opp: inability
- 15 **however** [haʊ'evə] (adv) = ωστόσο, παρ' όλα αυτά
I went to the shops to buy a jacket. However, I didn't find anything I liked.
- 16 **protector** [prə'tektə] (n) = sb that protects a person or thing / προστάτης
She sees her older brother as her protector.
Der: protect (v), **protective** (adj), **protection** (n)
- 17 **tough** [tʌf] (adj) = σκληρός
He is so tough that nothing can make him cry.

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- 18 **laboratory** [lə'bɒrətəri] (n) = a special room where people do tests / εργαστήριο
We have a science laboratory at school where we have physics lessons.
- 19 **feel sorry for** [fi:l 'sɔ:ri fə] (idm) = λυπάμαι κπ
I feel sorry for the people who don't have a job.
- 20 **unbelievable** [ˌʌnbɪ'li:vəbl] (adj) = amazing / απίστευτος, εκπληκτικός
Our team was unbelievable! They easily won the game.
Opp: believable
- 21 **accident** ['æksɪdənt] (n) = ατύχημα
I didn't mean to break the glass. It was an accident!
Der: accidental (adj)
- 22 **(be) hurt** [hɜ:t] = χτυπώ, τραυματίζομαι
He was hurt while he was playing football.
Der: hurt (v)
- 23 **instead** [ɪn'sted] (adv) = αντί γι' αυτό
Jake didn't go to university. Instead, he decided to work in his dad's shop.
- 24 **speed** [spi:d] (n) = how quickly sth moves / ταχύτητα
Planes travel at an amazing speed.
- 25 **be into** [bi 'ɪntə] (phr v) = to be interested in sth; to like sth / ενδιαφέρομαι για, μου αρέσει κτ
My brother is so into technology that he is always in front of a computer.
- 26 **(the) latest** ['leɪtɪst] (adj) = the newest / ο πιο πρόσφατος, ο τελευταίος
What's the latest news about the missing skiers?

- 27 **stand a chance** [ˌstænd ə ˈtʃɑːns] = to have the possibility to do sth / έχω πιθανότητες (να κάνω κτ)
- Do we stand a chance of winning tonight's game?*
- 28 **courage** [ˈkʌrɪdʒ] (n) = the ability to do sth difficult or dangerous without being afraid / θάρρος
- He didn't have the courage to ask her out.*
- Der:** **courageous** (adj)
- 29 **fight** [faɪt] (v) = to try very hard to stop sth / καταπολεμώ
- I tried to fight my cold by taking vitamins.*
- Der:** **fight** (n), **fighter** (adj)
- 30 **crime** [kraɪm] (n) = activities that are against the law / έγκλημα
- Batman tries to fight crime in Gotham City.*
- Der:** **criminal** (n)
- 31 **conversation** [ˌkɒnvə'seɪʃn] (n) = a talk between people / συζήτηση
- The teacher had a conversation with my mum about my marks.*
- 32 **serious** [ˈsɪəriəs] (adj) = not silly / σοβαρός
- Mr Brown is very serious. He doesn't laugh at any of our jokes.*
- Der:** **seriously** (adv)
- 33 **brilliant** [ˈbrɪliənt] (adj) = very clever / λαμπρός, πολύ έξυπνος
- I think that's a brilliant idea.*
- 34 **scientist** [ˈsaɪəntɪst] (n) = επιστήμονας
- Einstein was a brilliant scientist.*
- Der:** **science** (n), **scientific** (adj)
- 35 **build** [bɪld] (v) = to make / κατασκευάζω, φτιάχνω
- He wants to build his own computer one day.*
- Der:** **builder** (n), **building** (n)
- 36 **suit** [su:t] (n) = στολή
- Ironman wears a metal suit.*
- 37 **show off** [ˌʃəʊ ˈɒf] (phr v) = to try to make people admire you / κάνω επίδειξη, επιδεικνύω, -ομαι
- He wears expensive clothes just to show off in front of the girls.*
- 38 **chase** [tʃeɪs] (v) = to run after sb / κυνηγώ
- A big dog chased me in the park yesterday.*
- Der:** **chase** (n)
- (page 17)
- 39 **cast** [kɑːst] (n) = all the actors playing in a film or play / το σύνολο των ηθοποιών ταινίας / έργου
- The new James Bond film has an excellent cast.*
- 40 **storyline** [ˈstɔːrɪlaɪn] (n) = the events in a book or film / υπόθεση, πλοκή
- I read a book with a very interesting storyline.*
- 41 **box-office hit** [ˌbɒks ˈɒfɪs hɪt] (n) = a film that sells many tickets / ταινία που σημειώνει μεγάλη εισπρακτική επιτυχία
- All the Lord of the Rings films have become box-office hits.*
- 42 **scene** [si:n] (n) = σκηνή (ταινίας, έργου)
- The final scene of the film made me cry.*
- 43 **tent** [tent] (n) = σκηνή (για κάμπινγκ)
- While we were camping, we slept in a tent.*
- 44 **show up** [ˌʃəʊ ˈʌp] (phr v) = to arrive at a place / έρχομαι, παρουσιάζομαι
- He showed up late for the lesson, and the teacher didn't let him come in.*
- 45 **be up to** [bi ˈʌp.tə] (phr v) = to be doing sth / κάνω, σκαρώνω
- Hey, kids! What are you up to now?*
- 46 **impress** [ɪmˈpres] (v) = to make sb admire you / εντυπωσιάζω
- What impressed me was his ability to speak French so well.*
- Der:** **impressive** (adj), **impression** (n)

Remember!

- 1 **technology** [tekˈnɒlədʒi] (n) = τεχνολογία
- 2 **planet** [ˈplæni:t] (n) = πλανήτης
- 3 **kind** [kaɪnd] (adj) = ευγενικός, καλός
- 4 **earth** [ɜːθ] (n) = Γη
- 5 **bite (bit - bitten)** [baɪt] (v) = δαγκώνω
- 6 **though** [ðəʊ] (adv) = όμως
- 7 **close to** [ˈkləʊs.tə] (adj) = κοντά σε
- 8 **polite** [pəˈlaɪt] (adj) = ευγενικός, με καλούς τρόπους

Idioms

- catch sb red-handed** = πιάνω κπ στα πράσα / επ' αυτοφώρω
- give sb a hand** = δίνω ένα χεράκι σε κπ, βοηθώ κπ

Vocabulary Exercises

1 Fill in: latest, serious, superhuman, hurt, brilliant.

- 1 She is very and never tells jokes.
- 2 Did he actually score 100 out of 100 in the maths test? He is such a student!
- 3 Do you want to go and see the James Bond film?
- 4 After he was bitten by the spider, Peter Parker got powers.
- 5 He fell out of the tree, but fortunately, he wasn't

2 Write T if the sentence is True or F if it is False.

- 1 If you have **strength**, you can carry something heavy.
- 2 If something is **out of this world**, it is very good.
- 3 Actors work in **laboratories**.
- 4 When you go camping, you sleep in a **scene**.
- 5 If you **are into** technology, you are interested in it.
- 6 If you have the **ability** to do something, you can do it.
- 7 If a film is a **box-office hit**, it hasn't sold many tickets.

3 Fill in the correct letter to complete the text. There is an extra letter you do not need to use.

- | | | | |
|--------------------|------------------|--------------------------|-----------------|
| A protector | B speed | C storyline | D crime |
| E accident | F courage | G special effects | H powers |

Yesterday, we went to the cinema and saw an amazing superhero film. The was about a guy who had a(n) which gave him unbelievable . He was able not only to run at great but also fly. At first, he was afraid to use his powers, but after a while he decided to become the of the city and help fight . The film has great – you actually felt like you were flying. I really think you should go and see it.

1 Plurals (Πληθυντικός Αριθμός) 2 Countable / Uncountable Nouns (Αριθμήσιμα / Μη Αριθμήσιμα Ουσιαστικά)

1 Plurals

Τα περισσότερα ουσιαστικά παίρνουν **-s** στον πληθυντικό: desks, arms, houses

Προσέξτε τις παρακάτω περιπτώσεις:

- 1 **-s, -sh, -ch, -x + -es**: dresses, dishes, churches, foxes
- 2 **σύμφωνο + -y → -y + -ies**: party → parties **ΑΛΛΑ**: key → keys
- 3 **-f / -fe → -f / -fe + -ves**: loaf (= φραντζόλα) → loaves, shelf (= ράφι) → shelves, knife → knives, life → lives
ΑΛΛΑ: roof (= στέγη) → roofs, cliff (= γκρεμός) → cliffs, giraffe → giraffes
- 4 **-o + -s**: pianos, photos, kilos **ΑΛΛΑ**: tomatoes, potatoes, heroes

Irregular Plurals:

man → men, woman → women, child → children, tooth → teeth, foot → feet, goose (= χήνα) → geese, mouse → mice
Επίσης: sheep (= πρόβατο) → sheep, fish → fish

Nouns always in the plural

Τα παρακάτω ουσιαστικά είναι πάντοτε στον **πληθυντικό**. Χρησιμοποιούνται με λέξεις και ρήματα **πληθυντικού αριθμού**. Δεν χρησιμοποιούμε **a / an, one, two, this, that** κλπ πριν από αυτά τα ουσιαστικά.

These / Those { **jeans, trousers, shorts, leggings** (= κολλάν),
tights (= καλσόν), **pyjamas, scissors** (= ψαλίδι) } **are / were / have**

Προσέξτε:

- **a / one pair of** jeans / trousers κλπ **is / was / has**
- **two pairs of** jeans / trousers κλπ **are / were / have**

2 Countable / Uncountable Nouns

1 Τα countable nouns αριθμούνται και έχουν **ενικό** και **πληθυντικό** αριθμό. Τα uncountable nouns δεν αριθμούνται, και έτσι δεν έχουν πληθυντικό αριθμό. Χρησιμοποιούνται με ρήματα **ενικού** αριθμού και λέξεις όπως: **this, that, much, some, any**. **Δεν** χρησιμοποιούμε a / an, one, two κλπ πριν αυτά τα ουσιαστικά. Μερικά uncountable nouns είναι τα: **milk, water, rice, pasta, chocolate, meat, bread, fruit** κλπ.

2 Οι παρακάτω λέξεις είναι επίσης uncountable nouns:

This / That { **advice** (= συμβουλή /-ές), **information** (= πληροφορία /-ες), **furniture** (= έπιπλα), **jewellery** (= κοσμήματα), **luggage** (= αποσκευές), **rubbish** (= σκουπίδια) } **is / was / has**

Προσέξτε:

- **a piece of** advice / information κλπ **is / was / has**
- **two pieces of** advice / information κλπ **are / were / have**

⚠ ■ **hair / money is / was / has** *The money you found **is** mine!*

■ **news is / was / has** *The news **isn't** good, I'm afraid.*

■ **mathematics / physics / gymnastics is / was / has** *Mathematics **is** difficult.*

■ **people / police are / were / have** *The police **have** caught the thieves.*

Grammar Exercises

1 Look at the underlined words in the sentences.

Tick (✓) if they are correct or correct them.

- 1 Your hair are very nice today!
- 2 Mum, where are my new jeans?
- 3 The advice that you gave me were great.
- 4 There are a lot of rubbish in the streets today.
- 5 The police are still looking for the thief.
- 6 Pasta is my favourite food.
- 7 Do you know where the scissors is?
- 8 I think physics are more difficult than maths.



2 Write the plural of the noun where there is one.

- | | |
|-------------------|-----------------|
| 1 shelf | 8 roof |
| 2 advice | 9 rice |
| 3 sheep | 10 potato |
| 4 watch | 11 bread |
| 5 furniture | 12 fruit |
| 6 mouse | 13 kilo |
| 7 toy | 14 goose |

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- 1 **recently** ['ri:sntli] (adv) = a short time ago / πρόσφατα
We visited a great, new art gallery recently.
Der: recent (adj)
- 2 **action-packed** ['ækʃn ˌpækt] (adj) = full of action / γεμάτος δράση
All the films with superheroes are action-packed.
- 3 **(be) set** [set] (v) = (of a story / film) to take place in a specific place / time / διαδραματίζομαι
The film is set on Mars in the year 2050.
- 4 **long before** [ˌlɒŋ bɪ'fɔː] = much earlier / πολύ καιρό πριν
I had read the book long before it became a film.
- 5 **star** [stɑː] (v) = to have as the main actor / έχω ως πρωταγωνιστή
The film stars Alicia Vikander as Lara Croft.
- 6 **leading role** ['liːdɪŋ ˌrɔːl] (n) = the main part in a film or play / πρωταγωνιστικός ρόλος
Emma had the leading role in the school play.
- 7 **wizard** ['wɪzəd] (n) = a man with magical powers / μάγος
Harry Potter is a famous wizard.
- 8 **study** ['stʌdi] (v) = to examine sth carefully in order to understand it / μελετώ, ερευνώ
They have been studying the behaviour of tigers in zoos for two years.
- 9 **magical** ['mædʒɪkl] (adj) = μαγικός
Wizards have magical powers.
Der: magic (n), magician (n)
- 10 **creature** ['kri:tʃə] (n) = πλάσμα
There are a lot of creatures which live in forests.
- 11 **especially** [ɪ'speʃəli] (adv) = ειδικά, ιδιαίτερα
I like fruit, especially strawberries.
- 12 **evil** ['iːvl] (adj) = very bad / κακός, μοχθηρός
In most superhero films, there is an evil guy who wants to destroy the world.
- 13 **rule** [ruːl] (v) = to control a country, group of people, etc. / κυβερνώ
Isn't it true that money rules the world?
Der: ruler (n)
- 14 **whole** [həʊl] (adj) = όλος, ολόκληρος
He ate the whole pizza by himself.
- 15 **once** [wʌns] (adv) = at some time in the past / κάποτε
We once had a dog, but unfortunately, he died.
- 16 **close** [kləʊs] (adj) = στενός (για σχέση)
The twin sisters have a very close relationship.
- 17 **friendship** ['frendʃɪp] (n) = φιλία
We don't have a close friendship. I've only known him for a month.
Der: friend (n), friendly (adj)
- 18 **because of** [bɪ'kɒz ɒv] = εξαιτίας, λόγω
We didn't go for a picnic because of the rain.
- 19 **agree** [ə'ɡriː] (v) = to say that you will do what sb wants / συμφωνώ
Mike agreed to give his friend some money.
Der: agreement (n)
Opp: disagree
- 20 **knowledge** ['nɒlɪdʒ] (n) = the things you know / γνώσεις
My history teacher has a lot of knowledge about ancient Greece.
Der: know (v), knowledgeable (adj)
- 21 **acting** ['æktɪŋ] (n) = ηθοποιία
Did you like Johnny Depp's acting in The Pirates of the Caribbean?
act [ækt] (v) = παίζω (ρόλο)
Der: actor (n), actress (n)
- 22 **brilliant** ['brɪliənt] (adj) = very good; excellent / υπέροχος, έξοχος
We had a brilliant time at the theatre last night.
- 23 **performance** [pə'fɔːməns] (n) = ερμηνεία
The actor's performance was so amazing that he won an Oscar.
Der: perform (v), performer (n)
- 24 **plenty of** ['plenti ɒv] = αρκετός
I had plenty of time to do my homework before my friends came round.
- 25 **dark** [dɑːk] (adj) = frightening / 'σκοτεινός', με τρομακτική ατμόσφαιρα
The last two Harry Potter films were much darker than the previous ones.
- 26 **suitable (for)** ['suːtəbl] (adj) = right for a person or situation / κατάλληλος για
Not all computer games are suitable for children.
Der: suit (v)
Opp: unsuitable
- 27 **adult** ['ædʌlt] (n) = a person over 18 years old / ενήλικος
You have to be an adult to be able to drive a car in Greece.
Der: adulthood (n)
- 28 **make sure** [ˌmeɪk 'ʃʊəː] (idm) = to be sure to do sth / βεβαιώνομαι, φροντίζω (να γίνει κτ)
Make sure you buy the tickets in time.

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- 29 (be) based on** ['beɪst ɒn] = είμαι βασισμένος σε
The film is based on a true story.
- 30 part** [pɑ:t] (n) = 1 role / ρόλος
I was chosen to play the part of the grandmother in the school play.
2 κομμάτι, μέρος
The second part of the play was more interesting than the first.
- 31 suspense** [sə'spens] (n) = the feeling of excitement when you don't know what is going to happen / αγωνία, σασπένς
It was a very exciting film with a lot of suspense.
- 32 fall in love** [fɔ:l ɪn 'lʌv] = to start to have very strong feelings about sb / ερωτεύομαι
They fell in love in high school and got married a few years later.
- 33 science** ['saɪəns] (n) = επιστήμη
I'm interested in science; that's why I like physics lessons.
Der: **scientist** (n), **scientific** (adj)
- 34 play a trick on sb** [pleɪ ə 'trɪk ɒn] = κάνω φάρσα σε κπ
Schoolchildren like to play tricks on their teachers.
- 35 escape** [ɪ'skeɪp] (v) = to get away from a dangerous situation or a building / δραπετεύω, ξεφεύγω
In the film, they manage to escape from a burning building.
- 36 rob** [rɒb] (v) = to take money or things from sb using violence / ληστεύω
Two robbers tried to rob the bank last night.
Der: **robber** (n), **robbery** (n)
- 37 steal** [sti:l] (v) = to take sth that belongs to sb else / κλέβω
He spent three years in prison for stealing cars.
- 38 disappointing** [dɪsə'pɔɪntɪŋ] (adj) = not as good as you had hoped / απογοητευτικός
The results of the test were disappointing. I had hoped they would be better.
Der: **disappoint** (v), **disappointed** (adj), **disappointment** (n)

- 39 hilarious** [hɪ'leəriəs] (adj) = very funny / ξεκαρδιστικός
The comedy we watched last night was so hilarious that we couldn't stop laughing.
- 40 ordinary** ['ɔ:dɪnəri] (adj) = usual; not different or special / συνηθισμένος, κοινός
The book was about the lives of ordinary people in a small village in Italy.

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- 41 opinion** [ə'pɪnjən] (n) = your thoughts about sth / γνώμη, άποψη
What's your opinion of Star Wars?
in my opinion [ɪn ɪmaɪ ə'pɪnjən] = κατά τη γνώμη μου
- 42 recommend** [ˌrekə'mend] (v) = to tell sb that sth is good or useful / συιστώ, συστήνω, προτείνω
I recommend that you read this novel. It's excellent.
Der: **recommendation** (n), **recommended** (adj)
- 43 it's (not) worth** [ɪts 'nɒt wɜ:θ] = (δεν) αξίζει
It's not worth buying that game console. It's quite old now.
- 44 miss** [mɪs] (v) = χάνω (ευκαιρία, ταινία κλπ)
There's a good film on tonight. Don't miss it.

Types of Films

- comedy** ['kɒmədi] (n) = κωμωδία
- horror film** ['hɒrə .fɪlm] (n) = ταινία τρόμου
- fantasy film** ['fæntəsi .fɪlm] (n) = ταινία φαντασίας
- science-fiction film** ['saɪəns 'fɪkʃn .fɪlm] (n) = ταινία επιστημονικής φαντασίας
- thriller** ['θrɪlɚ] (n) = θρίλερ
- romance** [rəʊ'mæns] (n) = αισθηματική ταινία

Remember!

- decide** [dɪ'saɪd] (v) = αποφασίζω
- continue** [kən'tɪnju:] (v) = συνεχίζω
- frightening** ['fraɪtnɪŋ] (adj) = τρομακτικός

Idioms

let the cat out of the bag = μου ξεφεύγει ένα μυστικό
a little bird told me = μου το 'πε ένα πουλάκι

Vocabulary Exercises

1 Complete the sentences with the correct word.

- Young children love to **play t**..... **on** their parents.
- In the film, the teenage girl **f**..... **in love** with her brother's best friend.
- I read a book which **was b**..... **on** a true story.
- She had known about that actor **long b**..... he became famous.
- Please **m**..... **sure** you lock the door before you go to bed.
- A new café has just opened in the area, but I don't think **it's w**..... visiting.

2 Choose the correct answer.

- Last night, someone **stole / robbed** my phone from my bag.
- Would you **agree / recommend** that I see this film?
- Two men **escaped / missed** from prison last night.
- Sara told us a(n) **hilarious / evil** story that made us all laugh out loud.
- Meryl Streep's **part / performance** in *Mamma Mia* was amazing, wasn't it?
- The last *Harry Potter* film was not **suitable / ordinary** for very young children.

3 Choose the correct word to complete the sentence.

- We loved the film. The acting was
a brilliant **b** disappointing
- They grew up together, and they have a close
a friendship **b** opinion
- The film Tobey Maguire as Spiderman.
a rules **b** stars
- Fantastic Beasts* is an action-packed film full of
a science **b** suspense

1 Some - Any - No 2 No one - None - Either - Neither

1 Some - Any - No

Χρησιμοποιούμε:

some somebody / someone something somewhere	σε καταφατικές προτάσεις και σε ερωτήσεις όταν προσφέρουμε ή ζητάμε κάτι	<i>Someone is on the phone for you.</i> <i>Would you like something to drink?</i> <i>Can I have some of that pizza, please?</i>
any anybody / anyone anything anywhere	σε ερωτηματικές και αρνητικές προτάσεις και με λέξεις με αρνητική σημασία (never, seldom, hardly, without)	<i>Does anyone know the answer?</i> <i>We didn't go anywhere last summer.</i> <i>He hardly said anything.</i> <i>Can you make a cake without any eggs?</i>
no nobody / no one nothing nowhere	αντί για $\left\{ \begin{array}{l} \text{not any} \\ \text{not anybody / anyone} \\ \text{not anything} \\ \text{not anywhere} \end{array} \right.$	<i>There weren't any people in the shop.</i> <i>ή: There were no people in the shop.</i> <i>I didn't see anyone there.</i> <i>ή: I saw no one there.</i>

Προσέξτε:

Μπορούμε να χρησιμοποιήσουμε τα **any, anyone** κλπ σε καταφατικές προτάσεις, αλλάζει όμως το νόημά τους.*You can call me **any** time you want. (= ... όποια / οποιαδήποτε ...)****Anybody / Anyone** can learn to cook. (= Οποιοσδήποτε ...)**We'll give you **anything** you need. (= ... ό,τι / οτιδήποτε ...)**You can go **anywhere** you want. (= ... οπουδήποτε ...)*

2 No one – None – Either – Neither

- Χρησιμοποιούμε το **no one** (ή nobody) μόνο για **ανθρώπους**. Δεν ακολουθείται από **of**.
No one knew the man's name. [OXI: ~~No one of the people ...~~]
- Το **none of** (not any, not one) αναφέρεται σε **τρία ή περισσότερα** πρόσωπα, πράγματα κλπ.
None of them can speak English. [OXI: ~~No one of them ...~~]
- Τα **either** (= οποιοσδήποτε από τους δύο) και **neither** (= κανείς από τους δύο) αναφέρονται σε **δύο** πρόσωπα, πράγματα κλπ.
'Do you want fish or chicken for dinner?' **'Either** would be fine.'
'Do you prefer football or basketball?' **'Neither**. I don't like sports.'

Προσέξτε: Τα **none of / either of / neither of** ακολουθούνται από **ουσιαστικό** ή **αντωνυμία πληθυντικού αριθμού** και ρήμα στον **ενικό** ή στον **πληθυντικό**.

None of the books was / were for children.

Either of these cars is / are big enough for a family.

Neither of them costs / cost too much.

Συγκρίνετε: **None of the girls ...** (μιλάμε για τρία ή περισσότερα κορίτσια)

Neither of the girls ... (μιλάμε για δύο κορίτσια)

⚠ **none of / neither of** + ρήμα σε **καταφατικό** τύπο

None of them was there. [OXI: None of them ~~wasn't~~ ...]

Neither of the boys are tall. [OXI: Neither of the boys ~~aren't~~ ...]

Grammar Exercises

1 Fill in some, any, no or one of their derivatives.

- A:** What would you like to do tonight?
B: I don't know. Are there **any / some** good films on?
A: No, there's **something / nothing** on TV.
- A:** Would you like **something / nothing** to eat?
B: Yes. Let's make a pizza. Do we have everything we need?
A: Let's see. We have **some / any** bacon and tomatoes, but we haven't got **no / any** cheese. Can you go to the supermarket and get **some / any**?
- A:** Did you do **anything / nothing** interesting last weekend?
B: It was raining, so we didn't go **nowhere / anywhere**. We just stayed at home and played board games.
- A:** What was that noise? Is **anyone / no one** in the kitchen?
B: No, there is **somebody / nobody** there. It's probably Fluffy, my cat.



2 Fill in no, no one, none, either or neither.

- 'Would you prefer a burger or a club sandwich?'
'..... is fine with me.'
- There were people at the beach because it was raining.
- in the street knew that the man who was running was a thief.
- The teacher wanted to know who had played the trick on her, but of the students told her.
- She asked her parents, but of them knew the answer.

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- 1 **share** [ʃeə] (v) = μοιράζομαι
My friend and I share the same passion for sports.
- 2 **common** [ˈkɒmən] (adj) = used or shared by two people, groups, etc. / κοινός
Do you and your friends have common interests?
- 3 **cultural** [ˈkʌltʃərəl] (adj) = relating to the culture of a country / πολιτιστικός
There are cultural differences between Greek and French people.
Der: culture (n)
- 4 **for instance** [fər ˈɪnstəns] (idm) = for example / για παράδειγμα
There are many things we can do. For instance, we can go to the cinema.
- 5 **completely** [kəmˈpli:tli] (adv) = totally / απολύτως, τελείως
Are you completely sure that he's telling the truth?
Der: complete (v / adj)
- 6 **refer to** [rɪˈfɜːtə] (v) = αναφέρομαι σε
We read a text at school today which referred to sports in the past.
Der: reference (n)
- 7 **in fact** [ɪn ˈfækt] (idm) = μάλιστα (για έμφαση)
She has many friends. In fact, she is the most popular girl in school.
- 8 **safety** [ˈseɪfti] (n) = the state of being protected from danger / ασφάλεια
For safety reasons, this door is always closed.
Der: safe (adj), **safely** (adv)
- 9 **helmet** [ˈhelmɪt] (n) = a hard hat that you wear to protect your head / κράνος
In American football, they wear helmets to protect their heads.
- 10 **gloves** [glɒvz] (n) = γάντια
The goalkeeper is the only player who wears gloves in a football match.
- 11 **protection** [prəˈtektʃn] (n) = προστασία
They bought a dog for protection against thieves.
Der: protect (v), **protective** (adj)
- 12 **opponent** [əˈpəʊnənt] (n) = the person or team you play against / αντίπαλος
Our team played well but didn't manage to win because our opponents were better.
- 13 **tackle** [ˈtækəl] (v) = 1 (in American football and rugby) to make an opponent fall to the ground so that they stop running / ρίχνω αντίπαλο κάτω για να τον σταματήσω
2 to try to solve a problem / αντιμετωπίζω (πρόβλημα)
There are many ways to tackle this problem.
- 14 **actually** [ˈæktʃʊəli] (adv) = στην πραγματικότητα
I didn't want to try windsurfing at first, but it was actually great fun.
- 15 **physical contact** [ˈfɪzɪkl ˈkɒntækt] (n) = σωματική επαφή
In volleyball, there is no physical contact among the players.
- 16 **football kit** [ˈfʊtbɔːl ˌkiːt] (n) = ποδοσφαιρική εμφάνιση (φανέλα, σορτς, κάλτσες)
- 17 **football boots** [ˈfʊtbɔːl ˌbuːts] (n) = ποδοσφαιρικά παπούτσια
- 18 **referee** [ˌrefəˈriː] (n) = διαιτητής
- 19 **linesman** [ˈlaɪnzmən] (n) = επόπτης γραμμών
- 20 **captain** [ˈkæptɪn] (n) = the leader of a team / αρχηγός ομάδας
Alex is the captain of the school football team.
- 21 **similarity** [ˌsɪməˈlærəti] (n) = ομοιότητα
There are very few similarities between English and American football.
Der: similar (adj)
- 22 **pass** [pɑːs] (v) = 1 to give the ball to another player / δίνω πάσα, πασάρω
Dylan passed the ball to Jake, and he scored a goal.
2 to spend (time) / περνώ (χρόνο)
I read a magazine to pass the time while I was waiting.
- 23 **teammate** [ˈtiːmmeɪt] (n) = sb you play with on the same team / συμπαίκτης
Messi and Piquet have been teammates at Barcelona for years.
- 24 **kick** [kɪk] (v) = to hit sth or sb with your foot / κλοτσάω
You must kick the ball into the net to score a goal.
- 25 **goalkeeper** [ˈgəʊlkiːpə] (n) = the player who tries to stop the ball going into the goal / τερματοφύλακας
The goalkeeper had an excellent day today and saved two penalties.

(page 23)

- 26 **boxer** [ˈbɒksə] (n) = μποξέρ
- 27 **cyclist** [ˈsaɪklɪst] (n) = ποδηλάτης
- 28 **gymnast** [ˈdʒɪmnæst] (n) = αθλητής ενόργανης ή ρυθμικής γυμναστικής
- 29 **skier** [ˈskiːə] (n) = σκιέρ
- 30 **weightlifter** [ˈweɪt.lɪftə] (n) = αρσιβαρίστας

- 31 strong** [strɒŋ] (adj) = 1 not easily broken / γερός, ανθεκτικός
Let's buy a new table; this one is not very strong.
2 healthy / υγιής
After staying in bed for a few days, he feels strong again.
3 powerful / δυνατός
He is a very strong athlete; I am sure he will finish the race.
Der: strength (n)
- 32 damage** ['dæmɪdʒ] (v) = χαλάω, προκαλώ ζημιά
She dropped her phone and damaged it.
Der: damage (n)
- 33 illness** ['ɪlnəs] (n) = αρρώστια
He missed school for a few days because of his illness.
Der: ill (adj)
- (page 24)
- 34 book** [bʊk] (v) = κάνω κράτηση, κλείνω
Have you booked a table at the restaurant?
Der: booking (n)
- 35 available** [ə'veɪləbl̩] (adj) = that you can find, buy or use / διαθέσιμος
There are still some tickets available for the concert.
Der: availability (n)
- 36 lose to sb** [lu:z tə] (v) = ηττώμαι, χάνω από κπ
Germany lost 2-1 to Spain.
- 37 definitely** ['defɪnətli] (adv) = for sure; certainly / οπωσδήποτε
I will definitely come to your party.
- 38 beat** [bi:t] (v) = νικώ, κερδίζω (αντίπαλο)
My friend beat me at Monopoly last night.
- 39 have a good view** [həv ə 'gʊd vju:] = βλέπω καλά (από κάπου)
We booked seats near the front, so we would have a good view of the stage.
- 40 nil** [nɪl] (n) = μηδέν (για σκορ)
Liverpool won three nil.
- 41 draw** [drɔ:] (n) = when nobody wins in a game / ισοπαλία
We watched a very exciting match which ended in a draw.
- 42 foul** [faʊl] (n) = φάουλ
- 43 penalty** ['penəlti] (n) = πέναλτι
penalty area ['penəlti 'eəriə] (n) = μεγάλη περιοχή (στο ποδόσφαιρο)
take a penalty [teɪk ə 'penəlti] = χτυπώ πέναλτι
- 44 save** [seɪv] (n) = when the goalkeeper stops the ball from going into the net / απόκρουση
The goalkeeper made a good save by kicking the ball into the air.
- 45 whistle** ['wɪsl] (n) = σφυρίχτρα
blow my whistle [ˌbləʊ maɪ 'wɪsl] = σφυρίζω (με σφυρίχτρα)
The referee blew his whistle for half time.
- 46 full time** ['fʊl taɪm] (n) = the end of a sports match / η λήξη του αγώνα
We were so disappointed with our team that we left the stadium before full time.

Remember!

- difference** ['dɪfrəns] (n) = διαφορά
- surprise** [sə'praɪz] (v) = προκαλώ έκπληξη, εκπλήσσω
- secret** ['si:kret] (n) = μυστικό
- website** ['websaɪt] (n) = ιστότοπος
- seat** [si:t] (n) = θέση
- surf the Internet** [sɜ:f ðɪ 'ɪntənɛt] (v) = σερφάρω στο Διαδίκτυο

Vocabulary Exercises**1 Fill in the correct noun.**

- The person who you play against in a game is your **o**.....
- The person who controls a football game is the **r**.....
- The person who is the leader of a team is the **c**.....
- The person who protects the goal is the **g**.....
- The person who plays with you on the same team is your **t**.....



2 Fill in the correct letter to complete the sentences.

- 1 When you buy or find something, it means that it is
- 2 If something is shared by two or more people, it is
- 3 When you try to solve a problem, you it.
- 4 When you give the ball to another player, you it.
- 5 Something that is doesn't break easily.
- 6 The end of a sports match is called
- 7 When nobody wins a game, it is a

- a tackle
- b pass
- c available
- d full time
- e common
- f draw
- g strong

3 Find the words in the word search and label the pictures.

C	W	Y	O	W	A	D	C	M	U	Y	L	K	M
W	E	I	G	H	T	L	I	F	T	E	R	O	N
N	E	D	F	I	I	J	H	O	X	G	W	Y	L
C	T	B	O	S	A	E	E	T	N	L	A	I	S
Y	F	O	O	T	B	A	L	L	B	O	O	T	S
C	A	X	T	L	P	R	M	V	A	V	I	N	K
L	Y	E	B	E	N	L	E	C	W	E	G	H	I
I	K	R	A	P	A	E	T	R	I	S	C	B	E
S	F	H	L	G	Y	M	N	A	S	T	O	G	R
T	I	X	L	P	R	I	S	A	N	E	M	R	S
A	S	E	K	R	D	F	E	L	I	Z	X	W	Y
K	H	M	I	N	U	M	B	I	R	S	A	L	L
M	E	Q	T	O	Q	R	C	O	H	F	T	E	H

▶▶ Review 1 ◀◀ Lessons 1-5

(page 26)

1 **live** [laɪv] (adj) = ζωντανός (π.χ. για μουσική, εκπομπή κλπ)
On Sunday, I went to a live football match which was amazing.

2 **local** ['ləʊkl] (adj) = τοπικός, της περιοχής
I am very keen on basketball, so I am going to join the local team.
Der: locally (adv)

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